Darien Police Department

Monthly Report

July 2024

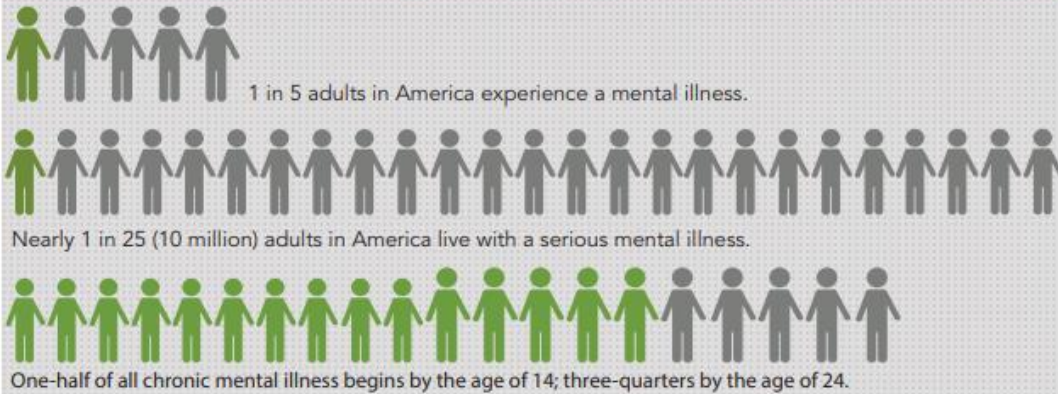# Mental Health Responses

Police Response

Our officers frequently respond to calls involving individuals experiencing mental health crises which present unique challenges. According to the National Alliance on Mental Illness, one in five adults in the United States experience mental illness annually.

Nearly 60% of adults with mental illness did not receive services in the previous year and nearly 50% of youth aged 8-15 did not receive services in the previous year. Deinstitutionalization has led to a greater presence of individuals with mental illness in our communities which increase the frequency for contact with law enforcement.
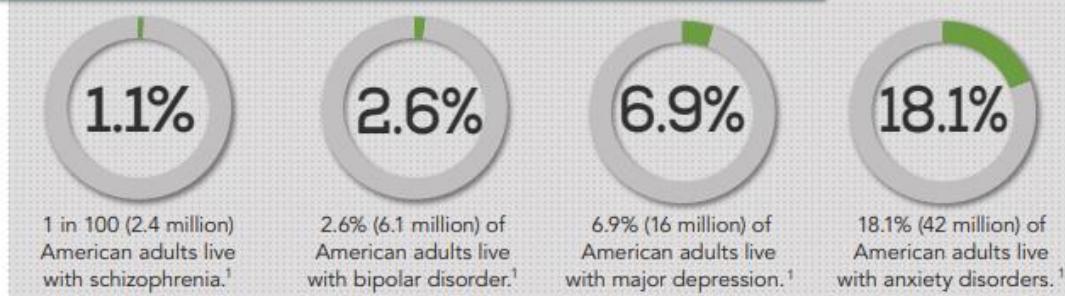
There are situations where an officer may seek an involuntary psychological evaluation of a subject to protect them or others from harm. This process ensures those in severe crisis receive necessary care while documenting the officer's involvement for accountability.

Mental Health Facts
IN AMERICA

Fact: 43.8 million adults experience mental illness in a given year.

1 in 5 adults in America experience a mental illness.

Nearly 1 in 25 (10 million) adults in America live with a serious mental illness.

One-half of all chronic mental illness begins by the age of 14; three-quarters by the age of 24.

Prevalence of Mental Illness by Diagnosis

1.1%	2.6%	6.9%	18.1%
1 in 100 (2.4 million) American adults live with schizophrenia.[1]	2.6% (6.1 million) of American adults live with bipolar disorder.[1]	6.9% (16 million) of American adults live with major depression.[1]	18.1% (42 million) of American adults live with anxiety disorders.[1]

Impact of Mismanaged Mental Health Calls
When mental health calls are mismanaged, the consequences can be severe. Studies show higher rates of use of force involving individuals with mental illness. Officers are 1.4 to 4.5 times more likely to use force during encounters with people with mental health conditions than with those without. Misunderstandings and lack of training can result in tragic outcomes for both officers and individuals in crisis.

Training
Crisis Intervention Training (CIT), based on the Memphis Model, is the gold standard in law enforcement. It includes 40 hours of specialized on-site instruction and role-playing, focusing on building partnerships with local mental health and educational resources. Importantly, it incorporates firsthand accounts from individuals who have had positive outcomes after interacting with CIT-trained officers. CIT training offers a promising solution, focusing on:
- Mental illness awareness and identification
- De-escalation techniques
- Communication skills
- Collaboration with mental health professionals
- Alternatives to arrest

Effective police response to mental health calls requires specialized training, collaboration and access to appropriate resources. CIT is critical, demonstrating positive outcomes for both officers and individuals in crisis. Studies show CIT effectively reduces the use of force incidents, improves outcomes for individuals with mental illness and increases officer satisfaction and confidence. Our training requirements are grounded in state law, mandating in-service training, including updates on laws, emergency medical response, crisis intervention training and officer wellness and mental health. The State of Illinois requires all officers to complete a minimum of 30 hours of in-service training every 3 years. The Darien Police Department far exceeds the minimum mandates and conducts 40 hours of in-service training for all officers every year. Though not required by the State, all Darien Police Officers have completed the 40-hour CIT training. In fact well before the state mandates officers attended such training.

NAMI & DuPage County Health Department
In addition to training, we maintain an ongoing partnership with the National Alliance on Mental Illness (NAMI) and the DuPage County Health Department. NAMI's mission is to provide support, advocacy and education in order to improve the quality of life of individuals with mental illnesses and their families. These collaborations are essential in bringing about positive resolutions to mental health crises. Through these partnerships, we can connect subjects with the appropriate mental health resources, follow up on cases, and ensure that individuals receive the care they need beyond the immediate crisis. For more information visit https://namidupage.org/.

Annual Training with NAMI
Our department conducts annual training with the NAMI to ensure that all officers are equipped with the knowledge and skills needed to handle mental health crises effectively. This training includes de-escalation techniques, understanding the nuances of mental health disorders and best practices for interacting with individuals in crisis. NAMI's involvement ensures that our training is informed by the latest research and community needs.

9-8-8 Hotline
The 9-8-8 hotline is a crucial resource for mental health crises, serving as a direct line to the National Suicide Prevention Lifeline. This service is available 24/7 and is designed for anyone experiencing emotional distress, suicidal thoughts, or other mental health challenges. The public should be encouraged to use 9-8-8 for immediate mental health support rather than calling 9-1-1, especially in situations where there is no immediate danger to themselves or others. This ensures that individuals receive the appropriate care and reduces the burden on emergency services.

Smart 9-1-1 & Mental Health Cases
Smart 9-1-1 is an innovative tool that can be especially beneficial in cases involving mental health. This system allows residents to create a safety profile that includes information on medical conditions, mental health disorders and other vital details. For instance, if a subject at a residence is known to have autism or another mental health disorder, this information can be made available to first responders before they arrive on the scene. This allows for more informed and sensitive handling of the situation, potentially leading to better outcomes.

Location-Specific Information in Mental Health Responses
LSIs, similar to Smart 9-1-1, allow for specific information about a location to be shared with first responders. This can include details about individuals at the residence who may have mental health concerns, providing officers with critical context before they engage. Utilizing LSIs ensures that responses are tailored to the needs of those involved which can be instrumental in de-escalating potential crises.

Providing Further Assistance
Going beyond the initial call for service officers have a list of numerous agencies that an officer can make a referral for the type of issue encountered, whether an addiction (drugs or alcohol), mental health services, etc.

Darien Mental Health Responses (2023)
Officers were dispatched to 111 calls for service in 2023 for mental health problems.

Darien Use of Force
Officers used minimal force 29 times where the officer suspected the subject they were trying to assist was having a mental health issue. Officers responded to control the subject by use of verbalization skills in all cases and empty hand control in all cases. In one case an officer used a Taser.

Conclusion
Effective police response to mental health calls requires specialized training, collaboration and access to appropriate resources. Crisis Intervention Training (CIT) is critical, demonstrating positive outcomes for both officers and individuals in crisis. By investing in CIT, working with our local partners at NAMI, and implementing best practices, the Darien Police Department continues to work on enhancing public safety, minimizing the use of force and building trust within the community. Together, we can ensure a safer, more understanding community for everyone.

Person & Property Crime Summary

NIBRS	Category	YTD 2024	YTD 2023	YTD 2020	1 Year Change	4 Year Change
9	Murder	0	0	0	0.0%	0.0%
11	Sexual Assault	3	5	6	-40.0%	-50.0%
36	Sex Offenses	0	0	0	0.0%	0.0%
13	Assaults	79	69	54	14.5%	46.3%
64	Human Trafficking	0	0	0	0.0%	0.0%
100	Kidnapping	0	0	1	0.0%	-100.0%
	Total Person	82	74	61	10.8%	34.4%

NIBRS	Category	YTD 2024	YTD 2023	YTD 2020	1 Year Change	4 Year Change
120	Robbery	1	3	4	-66.7%	-75.0%
200	Arson	0	0	0	0.0%	0.0%
210	Extortion	1	3	5	-66.7%	-80.0%
220	Burglary	9	15	22	-40.0%	-59.1%
23	Theft	78	62	115	25.8%	-32.2%
240	MVT	8	9	4	-11.1%	100.0%
250	Forgery	4	1	3	300.0%	33.3%
26	Fraud	76	96	118	-20.8%	-35.6%
270	Embezzlement	0	0	0	0.0%	0.0%
280	Stolen Property	0	2	2	-100.0%	-100.0%
290	Criminal Damage	20	27	27	-25.9%	-25.9%
510	Bribery	0	1	0	-100.0%	0.0%
	Total Property	197	219	300	-10.0%	-34.3%
	Total Crime	279	293	361	-4.8%	-22.7%

Other Crime Summary

NIBRS	Category	YTD 2024	YTD 2023	YTD 2020	1 Year Change	4 Year Change
35	Drug	20	38	28	-47.4%	-28.6%
370	Pornography	0	3	3	-100.0%	-100.0%
39	Gambling	0	0	0	0.0%	0.0%
40	Prostitution	0	0	0	0.0%	0.0%
520	Weapons	3	7	5	-57.1%	-40.0%
720	Animal Cruelty	2	2	0	0.0%	0.0%
	Total Societal	25	50	36	-50.0%	-30.6%

NIBRS	Category	YTD 2024	YTD 2023	YTD 2020	1 Year Change	4 Year Change
	Total Group A Offenses	304	343	397	-11.4%	-23.4%

NIBRS	Category	YTD 2024	YTD 2023	YTD 2020	1 Year Change	4 Year Change
90A	Bad Checks	0	0	0	0.0%	0.0%
90B	Curfew	1	0	0	0.0%	0.0%
90C	Disorderly Conduct	59	59	24	0.0%	145.8%
90D	DUI	44	50	25	-12.0%	76.0%
90F	Family Offenses (Non-Violent)	3	3	46	0.0%	-93.5%
90G	Liquor Law Violation	4	13	2	-69.2%	100.0%
90H	Peeping Tom	0	0	0	0.0%	0.0%
90I	MRAI	0	0	2	0.0%	-100.0%
90J	Trespass	17	25	14	-32.0%	21.4%
90Z	All Other Crimes	70	122	68	-42.6%	2.9%
	Total Group B Offenses	198	272	181	-27.2%	9.4%

NIBRS	Category	YTD 2024	YTD 2023	YTD 2020	1 Year Change	4 Year Change
	Total All Crime	502	615	578	-18.4%	-13.1%

Traffic Crash Summary

	YTD 2024	YTD 2023	YTD 2019	1 Year Change	5 Year Change
Private Property	95	79	124	20.3%	-23.4%
Public Way					
No Injuries	156	136	188	14.7%	-17.0%
Injury	31	36	32	-13.9%	-3.1%
Fatal	1	0	0	0.0%	0.0%
Total	**188**	**172**	**220**	**9.3%**	**-14.5%**
Fatalities	2	0	0	0.0%	0.0%
Hit & Run	28	11	16	154.5%	75.0%
DUI	0	1	1	-100.0%	-100.0%

Year to Date Crashes
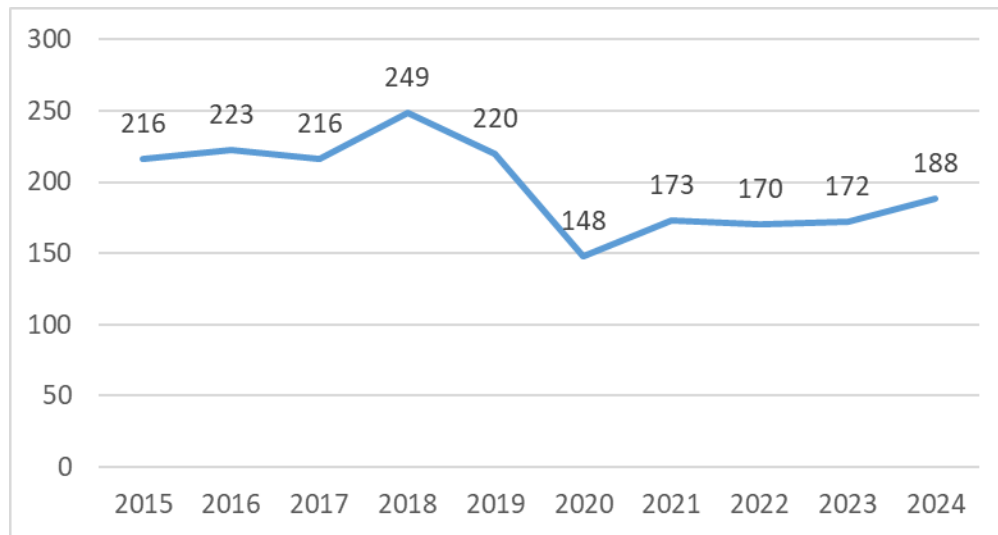
Calls for Service Summary
Citizen Generated Events (Beat & Hour of Day)

	YTD 2024	YTD 2023	YTD 2019	YTD 2014	1 Year Change	5 Year Change	10 Year Change
Location							
Beat 1	20.0%	20.6%	27.3%	30.8%	-2.9%	-26.7%	-35.1%
Beat 2	18.7%	18.6%	24.7%	26.8%	0.5%	-24.3%	-30.2%
Beat 3	35.1%	30.9%	34.3%	40.6%	13.6%	2.3%	-13.5%
Out of Town	0.3%	0.3%	1.8%	1.8%	0.0%	-83.3%	-83.3%
Hour of Day							
0600	98	77	96	72	27.3%	2.1%	36.1%
0700	164	98	136	132	67.3%	20.6%	24.2%
0800	220	146	169	138	50.7%	30.2%	59.4%
0900	246	175	177	159	40.6%	39.0%	54.7%
1000	296	163	242	160	81.6%	22.3%	85.0%
1100	313	217	285	209	44.2%	9.8%	49.8%
1200	363	245	306	235	48.2%	18.6%	54.5%
1300	344	206	293	222	67.0%	17.4%	55.0%
1400	361	250	238	228	44.4%	51.7%	58.3%
1500	381	249	273	278	53.0%	39.6%	37.1%
1600	365	240	277	268	52.1%	31.8%	36.2%
1700	375	209	297	243	79.4%	26.3%	54.3%
Shift 1	**3526**	**2275**	**2789**	**2344**	**55.0%**	**26.4%**	**50.4%**
1800	347	204	288	264	70.1%	20.5%	31.4%
1900	299	217	247	212	37.8%	21.1%	41.0%
2000	241	180	208	185	33.9%	15.9%	30.3%
2100	254	173	176	182	46.8%	44.3%	39.6%
2200	230	156	178	139	47.4%	29.2%	65.5%
2300	154	112	144	124	37.5%	6.9%	24.2%
0000	124	94	103	96	31.9%	20.4%	29.2%
0100	104	90	80	74	15.6%	30.0%	40.5%
0200	88	75	67	51	17.3%	31.3%	72.5%
0300	87	58	59	37	50.0%	47.5%	135.1%
0400	81	48	52	45	68.8%	55.8%	80.0%
0500	89	52	57	44	71.2%	56.1%	102.3%
Shift 2	**2098**	**1459**	**1659**	**1453**	**43.8%**	**26.5%**	**44.4%**
Total	**5624**	**3734**	**4448**	**3797**	**50.6%**	**26.4%**	**48.1%**

Calls for Service Summary
Officer Initiated Events (Beat & Hour of Day)

	YTD 2024	YTD 2023	YTD 2019	YTD 2014	1 Year Change	5 Year Change	10 Year Change
Location							
Beat 1	4.8%	6.4%	31.7%	25.8%	-25.0%	-84.9%	-81.4%
Beat 2	4.8%	5.9%	26.4%	28.1%	-18.6%	-81.8%	-82.9%
Beat 3	9.6%	9.6%	29.0%	36.2%	0.0%	-66.9%	-73.5%
Out of Town	0.4%	0.6%	8.5%	0.0%	-33.3%	-95.3%	0.0%
Hour of Day							
0600	77	54	108	359	42.6%	-28.7%	-78.6%
0700	166	171	387	381	-2.9%	-57.1%	-56.4%
0800	221	207	732	753	6.8%	-69.8%	-70.7%
0900	245	222	713	667	10.4%	-65.6%	-63.3%
1000	212	257	608	681	-17.5%	-65.1%	-68.9%
1100	192	195	426	621	-1.5%	-54.9%	-69.1%
1200	206	200	305	424	3.0%	-32.5%	-51.4%
1300	135	156	250	322	-13.5%	-46.0%	-58.1%
1400	161	156	203	328	3.2%	-20.7%	-50.9%
1500	161	132	177	353	22.0%	-9.0%	-54.4%
1600	113	123	489	698	-8.1%	-76.9%	-83.8%
1700	159	88	454	629	80.7%	-65.0%	-74.7%
Shift 1	**2048**	**1961**	**4852**	**6216**	**4.4%**	**-57.8%**	**-67.1%**
1800	158	329	340	529	-52.0%	-53.5%	-70.1%
1900	219	374	254	495	-41.4%	-13.8%	-55.8%
2000	196	328	218	406	-40.2%	-10.1%	-51.7%
2100	185	315	279	495	-41.3%	-33.7%	-62.6%
2200	211	277	162	416	-23.8%	30.2%	-49.3%
2300	192	269	166	349	-28.6%	15.7%	-45.0%
0000	149	253	517	981	-41.1%	-71.2%	-84.8%
0100	117	186	415	741	-37.1%	-71.8%	-84.2%
0200	94	180	391	720	-47.8%	-76.0%	-86.9%
0300	69	127	305	613	-45.7%	-77.4%	-88.7%
0400	29	92	148	417	-68.5%	-80.4%	-93.0%
0500	30	49	133	446	-38.8%	-77.4%	-93.3%
Shift 2	**1649**	**2779**	**3328**	**6608**	**-40.7%**	**-50.5%**	**-75.0%**
Total	**3697**	**4740**	**8180**	**12824**	**-22.0%**	**-54.8%**	**-71.2%**

Traffic Enforcement Summary

Traffic enforcement summary is not available. The data base has had issues and at this time cannot retrieve the information to complete the report.

Citizen Concern Summary

At this time we are unable to retrieve the information from our Frontline system.